





Explore nature by foot, bike or boat

The rolling countryside and countless lakes provide a fantastic opportunity to enjoy the great outdoors. Enjoy a peaceful canoe outing at dawn, a round of golf surrounded by stunning countryside or a horse-riding tour at dusk. Sörmland is crisscrossed by hiking and cycle paths, allowing you to access the countryside at your leisure.





Sundbyholm Castle hiking and biking deals

Explore the nearby marina, the beach and the forest or go for a longer hike. There is a bike route leading 11 kilometers to the town of Eskilstuna with museums and shopping. In the evening, you can enjoy a served candle light dinner with wine in the Castle restaurant. The hotel offers single rooms, double rooms, family rooms and luxurious suites. Further information

Prices

From SEK 1 810 per person

What's included

Sundbyholm Castle offers hiking and biking deals from 1 April until 31 October. All deals include the loan of a rucksack with some equipment, a picnic box (sandwich, water, coffee and cake), dinner with 2 glasses of wine (or alternatives), a room and breakfast. Rentals of bikes and helmets for adults are included in the biking deal.

To book or for further details, contact +46 (0)16-42 84 00 or info@sundbyholms-slott.se





Sundbyholm Castle canoeing deals

Explore the southern shores of lake Malaren and the nearby river, either through a canoe or a motorized bridge raft. If you want to relax or just go for a swim, you have a long sand beach close to the castle. In the evening, you can enjoy a served candle light dinner with wine in the castle restaurant. The hotel offers single rooms, double rooms, family rooms and luxurious suites.

Further information

Prices

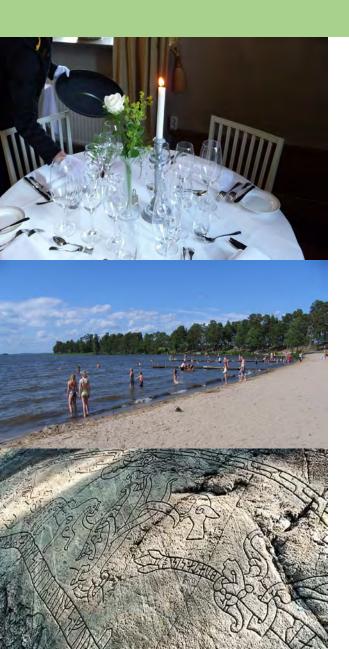
From SEK 2 010 per person

What's included

Sundbyholm Castle offers canoeing deals from 1 June until 31 August. All deals include a picnic box (sandwich, water, coffee and cake), dinner with 2 glasses of wine (or alternatives), a room and breakfast. Rentals of canoes are included but there may be an extra charge for a bridge raft depending on the number of guests.

To book or for further details, contact +46 (0)16-42 84 00 or info@sundbyholms-slott.se





Sundbyholm Castle leisure deals

This four-star hotel resort is located on the southern shores of lake Malaren, offering a sand beach, a marina, a park and a forest, where the 1000 year old Sigurd carving is a main attraction. Enjoy a two or three course candle light dinner in the Castle restaurant with wine. The hotel offers single rooms, double rooms, family rooms and luxurious suites. Further information

Prices

From SEK 1 685 per person

What's included

The deals are offered year-round and include a candle-light dinner with two glasses of wine (or alternatives), a room and breakfast. In December a traditional Christmas buffet is normally offered. Swedish traditions such as Midsummer and Walpurgis Night is celebrated with special packages.

To book or for further details, contact +46 (0)16-42 84 00 or info@sundbyholms-slott.se





Hike Sörmlandsleden with Naturkraft Eskilstuna

Naturkraft Eskilstuna offers guided hiking tours on any section of *Sörmlandsleden trail*. Mikael from Naturkraft provides tips on the right equipment, food, finding your way and places to stay. You can also book forest bathing, bushcraft and stress management sessions.

What's included

Get in touch if you have any questions about what the experience includes or if you wish to discuss a particular arrangement for your company or event.

For further price information and booking

Naturkraft Eskilstuna, Mikael Andersson

Email: info@naturkrafteskilstuna.se - Mobile: +46 (0)705657680

https://www.naturkrafteskilstuna.se/





Food journey through the wilderness

Sweden's best nature experience in 2020, according to 360° Eat Guide!

Welcome to Sweden's most accessible wilderness, just 50 minutes from Stockholm.

Enjoy a guided canoe tour on ancient waterways used by the Vikings on their way to the important trading centre of Birka.

PricesFrom SEK 2 800 per person

What's included

The day combines walking, canoeing and experiences for all the senses amid the Sörmland landscape. We'll also share the pleasure of sitting and chatting around a fire. Press pause and take the chance to relax and recharge. The package includes all food and drink, canoe equipment such as paddles and life jackets.

To book

Food journey through the wilderness





Hiking experience in Sörmland through forest and along the sea belt

A five-day hiking package where you hike from accommodation to accommodation. Stay in four different unique accommodations.

You hike for five days on well-marked and varied hiking trails on the trail called Sörmlandsleden. From 3 to 18 km per day, about 50 km in total. We take care of your luggage and you hike and enjoy beautiful views, ancient forest, mountains and the sea with only a daypack with provisions for the day's trip. Your hike adventure starts in Trosa and ends in Trosa, your luggage will be transported between every accommodation.

During your hike, you will experience four rare and completely different places to stay: a cozy bed & breakfast in the center of the picturesque summer town of Trosa, a luxurious glamping tent in the forest by a clear lake, a hostel belonging to a historic castle and a beautiful island in the middle of the archipelago in historic pilot houses. Each accommodation you come to is unique and genuine and has environmentally friendly thinking high in focus.







Hiking experience in Sörmland through forest and along the sea belt

What's included

- 4 nights (including bed linen, towel, final cleaning
- 4 x breakfast
- 4 x packed lunches
- 3 x dinner (serving or do-it-yourself package)
- Transport of luggage between accommodations
- Boat transport to and from Sävö
- Use of sauna (in three properties)
- Use of swimming pool (at one of the properties)
- Use of kayak / SUP / rowing boat (on three properties)
- Taxi from Källvik to Trosa
- Hiking map to each stage
- Parking in Trosa

Prices

From 7,500 per person in a twin room.

Contact information

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